

Weekly Reflection

Draw your feelings for each day

M O N

T U E

W E D

T H U

F R I

What I most enjoyed?

**What challenged
me?**

WEEKLY REFLECTION

Mon

Tue

Wed

Thu

Fri

Draw how
you
felt each day

What I enjoyed this week?:

3 things I learned this week:

How I felt about this week?:

What challenged me this week?:

Next week's goals:

Weekly Reflection

What went well this week?

What challenges did you face?

What things did you do for you?

How can you improve next week?

NEXT WEEK'S GOALS :